

Middle School Wrestling
December '09 Schedule

Tuesday	December 8 th	3:30-4:30	Practice
Wednesday	December 9 th	3:30-4:30	Practice
Thursday	December 10 th	2:30-4:00	Practice
Tuesday	December 15 th	3:30-4:30	Practice
Wednesday	December 16 th	3:30-4:30	Practice
Thursday	December 17 th	2:30-4:00	Practice
Saturday	December 19 th	10:00 AM	Meet @ Merrimack (meet at Newport Rec at 8:00AM for carpool) (See Dave if interested)
Sunday	December 20 th	7:30 AM	Tournament @ Bow (\$13.00 to Beth at Newport Rec for fee's) K-8 Tournament (recommended for 2 nd year wrestlers)
Tuesday	December 22 nd	3:30-4:30	Practice
Wednesday	December 23 rd	3:30-4:30	Practice

XMAS VACATION WEEK- PRACTICES TO BE DETERMINED

Dave Irwin- 748-9261

Rick Sharron- 913-1494

PJ Lovely- 477-9332

Newport Rec (Beth)- 863-1332

All practice in the Newport High School Cafeteria. No outside shoes on the wrestling mat.